



Dumfries & Galloway Triathlon Club

CODE OF CONDUCT FOR MEMBERS and PARENTS

Dumfries and Galloway Triathlon Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with *Lesley Gilchrist* (Welfare Officer).

As a member of *Dumfries and Galloway Triathlon Club* you are expected to abide by the following code of conduct:

All members must race within the rules of the sport and respect officials and their decisions

All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion

Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late

Members must wear suitable kit for training and events, as agreed with the coach/team manager, this list is non exhaustive to the following items:-

Cycling

Road helmet manufactured to the appropriate standards

Lights/Reflective equipment where/when required

Running

Lights/Reflective equipment where/when required

Members must pay any fees for training or events promptly

Parents of children within the club must abide by the following:

Treat everyone equally and with respect, and not discriminate on the grounds of age, gender, ethnic origin, religion, pregnancy or maternity, marital status, sexual orientation or disability

Encourage your child to learn the rules of the sport (e.g the British Triathlon Federation's rules and/or the ITF rules, as appropriate to their competition level) and compete within them

Publicly accept official's judgements

Discourage unfair play and arguing with officials

Set a good example by applauding good performance and fair play, whether by your child or by another

Help your child to recognise good performance, not just results to avoid undue disappointment

Never punish or belittle a child for losing or making mistake

Support your child's involvement and help them to enjoy their sport

Use correct and proper language at all times

Never force your child to take part in sport